

Julie's Fitness Studio



5K/1K



Benefitting Nature's Nursery

**5K RUN/WALK & 1K KIDS FUN RUN
SATURDAY, JUNE 10TH, 2017**

Race day registration: opens at 8:00am
1K Kids Fun Run at 8:30am 5K Run/walk at 9:00am



Course: The second annual Julie's Fitness Studio 5K is a 5K run/walk & 1K kids fun run to benefit Nature's Nursery. This year the course changes to wind through the Blue Creek Conservation Area / Nona France Park, past some of Whitehouse's farm country, then finishing through the center of downtown Whitehouse. The course remains flat and fast.

Awards:

- Overall & overall master (40+) & overall grand master (50+) male and female in 5K (NO DUPLICATION OF AWARDS)
- Door prize raffles
- All 1K finishers receive a gift

Shirts and Refreshments:

- All pre-registered participants get a t-shirt. A limited number of shirts will be available on race day.
- Refreshments will be provided post race.

Entry Fees:

- 5K early bird entry fee postmarked or online by May 24th 2017 - **\$25 with t-shirt**
- 5K race day late entry postmarked or online May 25th 2017 - June 10th 2017 - **\$30 no shirt guarantee**
- 1K kids early bird entry fee postmark or online by May 24th 2017 - **\$10 with t-shirt**
- 1K kids late entry postmarked or online from May 25th 2017 - June 10th 2017 - **\$10 no shirt guarantee**
- Entry fees payable to Julie's Fitness Studio and can be mailed to:
Julie Westenfelder
4623 Lakeside Dr. Apt. #3208
Maumee, OH 43537
- ONLINE Registration at davesraces.com until June 5th, 2017 (service fees apply)
- 5K Team pricing (minimum of 5 team members) save \$5 per participant (**\$20 by May 24th/\$25 after May 24th**).

Questions:

- Email: juliesfitstudio@gmail.com

***A portion of all proceeds will go towards Nature's Nursery**

Cut here- Entry form may be photocopied- please print legibly

Name: _____ Phone Number: _____
Address: _____ City/State/Zip: _____
Sex: (Circle) M F Age: _____ Date of Birth: _____
Shirt Size: (circle) YS YM YL XS S M L XL 2XL Amount Enclosed: _____
Email Address: _____

In consideration of your acceptance of this entry, I hereby for myself, my heirs, executors and administrators waive and release all rights for claims and damages I might have against the Race director, the Village of Whitehouse, The Anthony Wayne Regional Chamber of Commerce, The CherryFest, Julie's Fitness Studio, sponsors, and all related parties for any injury or damage resulting from participating in the above event. I am in proper physical condition to participate in this event.

Signed: _____ (Parent or Guardian if under age 18) Date: _____